



Calstock CP School Newsletter

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Autumn Term - Number 4 - 23rd October 2020

A Positive Return!

We would like to thank all our children and families for a brilliant half-term. We have really enjoyed being back in school with you all. The children have embraced the new routines, and returned and settled at school with a calm and enthusiasm that has exceeded all our expectations. We thank all our families for being so supportive and understanding, and working with us, to make the start of term such a collectively positive experience.

Class One News

What an amazing half term Class One have had. Lots of their learning has been outside in Enviromania. They have made dens, cooked potions and made delicious hot chocolate.

This week Class One have been joined by two students from Plymouth University, Miss Holmes and Miss Andrews, who will be with us until November.

Important Dates

23rd-30th Oct - Half Term

4th -5th Nov - Class Two & Three Parents Consultations

9th-10th Nov - Class One Parents Consultations

13th Nov - School Photos

Things to Remember

All children must have a coat and suitable outdoor footwear in school each day.

Please ensure all uniform/ coats has your child's name on it.

Water bottles and reading books should also be brought to school each day.

Class Three News

Class 3 have been completing their work on The Mayans, creating power points, slideshows and information posters about Central American countries, chocolate, jewellery, food, maths, art and animals. It has been a great topic. Next term we will be asking the question: Can one person change the world? We will look at influential men and women past and present, who have had an impact on the world.

I will be holding virtual Parent Consultations during the first week back but I am also always happy to receive emails and can be contacted on: dkilpin@calstock.cornwall.sch.uk Don't forget Class Dojo is another way to get in touch.

I wish you all a restful half term.

Class Two News

This week Class Two have been making Venetian inspired masks. They have been writing up their Venetian stories which are full of exciting adventures. In outdoor learning they have made magic wands and had fun trying to turn Mr Pengelly into a frog! Well done on a brilliant half term, Class Two.



School Dinner Menu

Please note the school dinner menu will remain the same for the remainder of the Autumn Term. When we return to School on 2nd Nov we will be on Week Two of the menu cycle. So Monday will be Meatballs or Veggie Meatballs with Mashed Potatoes.

Autumn Menu 2020					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 19/10 16/11 7/12	Option 1 Pork Sausage in a Bun with Potato	Ham and Cheese Pasta with Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	Pan Fingers or Salmon Pan Fingers with Chips
Option 2 Veggie Sausage in a Bun with Potato	Cheese and Tomato Pasta with Rice	Quorn Roast Rillet with Roast Potatoes and Gravy	Maccaroni Cheese	Freshly Made Vegetable Sausage with Chips	
Vegetables Sweetcorn Broccoli	Cauliflower Cabbage	Coriander	Sweetcorn Broccoli	Boiled Beans Pasta	
Dessert Apple Fridgecake	Red Crumble with Custard	Jelly with Fruit	Syrupy Sponge with Custard	Cinnamon Cakes	
	Yoghurt Fresh Fruit	Yoghurt Fresh Fruit	Yoghurt Fresh Fruit	Yoghurt Fresh Fruit	
Week Two 5/10 23/11 14/12	Option 1 Meatballs with Mashed Potatoes and Gravy	Sweet and Sour Chicken with Rice	Roast Gammon, Roast Potatoes and Gravy	Spaghetti Bolognese	Pan Fingers with Chips
Option 2 Lentils and Sweet Potato Curry with Rice	Cheese and Tomato Pasta with Rice	Quorn Roast Rillet with Roast Potatoes and Gravy	Veggie Bolognese	Cheese and Tomato Quinoa with Chips	
Vegetables Sweetcorn Broccoli	Peas Cauliflower	Coriander	Sweetcorn Broccoli	Boiled Beans Pasta	
Dessert Pineapple Cakes	Chocolate Cake with Chocolate Drizzle	Apple, Cheese and Raisins	Fruit with Ice-Cream	Orange and Lemon Shortbread	
	Yoghurt Fresh Fruit	Yoghurt Fresh Fruit	Yoghurt Fresh Fruit	Yoghurt Fresh Fruit	
Week Three 12/10 9/11 30/11	Option 1 Cheese and Beef Pasta with Potato	Sausage Roll with Potato Wedges	Roast Turkey, Roast Potatoes and Gravy	Chicken Strips with Noodles	Battered Pan with Chips
Option 2 Cheese and Tomato Pasta with Potato	Veggie Sausage Roll with Potato Wedges	Quorn Roast Rillet with Roast Potatoes and Gravy	Vegetable Strips with Noodles	Cheese Fritters with Chips	
Vegetables Sweetcorn Broccoli	Peas Cauliflower	Coriander	Green Beans Coriander	Boiled Beans Pasta	
Dessert Chocolate and Orange Brownie	Banana Sponge with Custard	Jelly with Fruit	Fruit with Ice-Cream	Ordy Cakes	
	Yoghurt Fresh Fruit	Yoghurt Fresh Fruit	Yoghurt Fresh Fruit	Yoghurt Fresh Fruit	

Parent Consultations

This term we will be offering parents the opportunity to have a remote Parent Consultation with their child's teacher. These will be conducted as a Zoom meeting or over the telephone.

Class One Meetings— Mon 9th Nov 1-3pm

Tues 10th Nov 1-5pm

Class Two Meetings— Weds 4th Nov 3-5pm

Thurs 5th Nov 1-5pm

Class Three Meetings - Wed 4th Nov 3.30-5pm

Thurs 5th Nov 3.30-5pm

Please book your 10 minute slot via the school office, either by calling Ms Hardy on 01822 832646 or emailing:

secretary@calstock.cornwall.sch.uk

Breakfast Club Menu

Start at 7.30am £3.75/child

-Drinks-

Milk

Orange juice

Yummy school tap water

-Cereals-

Cereals of the week

Weetabix

Granola

-Toast-

White

Brown

Bagel

Crummet

-Porridge-

With/without Honey & Cinnamon

-Plain yoghurt-

-Selection of fresh fruits-

Wake up Monday Waffle

Tuesday Fruits Loaf

Midweek Wednesday Beans on Toast

Thursday English Muffins

Happy Friday pancake

Breakfast Club

Breakfast Club runs Monday-Friday during term time. Children are provided with a healthy breakfast and have time to play and do art and craft activities before the start of the school day.

After half-term we will be offering a two tier cost option.

7.30am start -£3.75 a session

8am start (Without breakfast) — £2.00 a session

If you would like to book your child into Breakfast Club please contact the school office or email:

secretary@calstock.cornwall.sch.uk

Do you know any Keen Knitters or Crochet Wizards??

We have had some new telegraph poles installed in the school playground. The timber is unfinished and a bit full of splinters. We thought it might be nice to give the poles a woolly jumper to protect the children and cheer up the playground. If you think you could help please get in touch with Ms Hardy for more information.



School Photographer

The school photographer will be visiting school on Friday 13th November.

This year, due to social distancing, the photos will be individual pupil photos and we won't be able to offer sibling group photos.

More information will be available closer to the date.



Health Concerns

Please can we ask all parents to be vigilant and monitor their children's health as the term progresses. As Autumn sets in we will inevitably see an increase in colds. Please remember your child must not be sent to school with a temperature or a persistent cough. If you are in any doubt please contact Ms Hardy in the school office for advice. Or seek medical guidance by calling 111. This is especially important due to the risk of Covid-19 but of added significance as we have a family in our school community who are especially vulnerable to infection due to a health condition.



Please make your child's teacher aware of any egg products, including food items in lunch boxes, egg boxes and bird nests that have been brought into the school.

Thank you

Diary Dates 2020/ 2021

Autumn Term 3rd September 2020 - 18th December 2020

Half-term 26th October 2020 - 30th October 2020

Spring Term 5th January 2021 - 1st April 2021

Half-term 15th February 2021 - 19th February 2021

Summer Term 20th April 2021 - 20th July 2021

Bank Holiday Monday 3rd May

Half-term 31st May 2021 - 4th June 2021

Training day closures are: 4th January 2021, 19th April 2021 and 21st July, 22nd July, 23rd July 2021.