

Calstock CP School Newsletter

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Autumn Term - Number 2 - 25th September 2020

Forms

Thank you to all our parents whom have returned the forms sent home last week. If you still need to send these back please do so asap. We are particularly keen to get all our children onto Class Dojo and require your consent form to be returned to school so they can join in the fun.

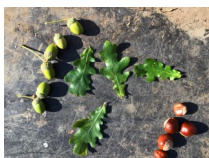
Class One News

Class One are making the most of Enviromania, enjoying the changing season and using natural resources to learn number bonds to 10.

In Literacy they are enjoying learning to tell the story of The Three Little Pigs, using sign language to help.

In R.E. Class One has been thinking about our amazing planet and about what makes us feel and say WOW! Here is a list of just some of their WOWS:

- new baby trees which grow into huge trees from a tiny seed
- a new baby
- the sound of the sea
- beautiful rainbows
- kittens
- caterpillars turning into butterflies
- chicks hatching from an egg



Important Dates

14th Oct - Flu Vaccinations

23rd-30th Oct - Half Term

Things to Remember

All children must have a coat and suitable outdoor footwear in school each day.

Please ensure all uniform/ coats has your child's name on it.

Water bottles and reading books should also be brought to school each day.

Class Three News

Class Three have been having as many lessons outdoors as possible including maths, drama, and art. We have been creating rainforest landscapes using natural materials. We will try and be outside in the coming weeks so it is really important, as we move into Autumn, that everyone has a jumper and coat in school.



Class Two News

Class Two have begun a new project exploring 'Life Underwater'. We look forward to hearing about what they learn and discover.

They will also be hosting our first Class Zoom Assembly, which parents will be invited to attend. It will take place at 10am on Wednesday 30th September.



Drop Off/Collection

Please can we remind all parents to park carefully and responsibly when dropping or collecting your children at school.

If you arrive by car, we would recommend that you park in the village car park and walk up to school. If this isn't possible and you use the residential roads to park in, please ensure there is space for other vehicles to pass your parked car.

Many Thanks



Together
for Families

Parenting offer – what's new in Sept 2020?

From September 2020 we will be continuing to support parents and offer Parenting Courses through a virtual platform. This will replace our face to face groups to ensure we are offering a full service to parents in the safest way.

Referrals will continue to be received through the Early Help Hub.

The courses on offer will be:

Being Passionate About Parenting 5-11 years

Delivered over 3 sessions (1.5 hours per session)

Being Passionate About Parenting Early Years 3-5 years

Delivered over 3 sessions (1.5 hours per session)

Being Passionate About Parenting with a basic introduction and awareness to ADHD

Delivered over 3 sessions (1.5 hours per session)

Being Passionate About Parenting with a basic introduction and awareness about the Spectrum

Delivered over 3 sessions (1.5 hours per session)

Being Passionate About Parenting Teenage Brain

Delivered over 3 sessions (1.5 hours per session)

Take 3 – supporting teenagers

Delivered over 5 session (2 hours per session)

For further information please contact the early help Hub on 01872 322277 or earlyhelp@cornwall.gov.uk

For useful parenting information (search understanding feelings and emotions) and Parenting Podcasts please access the family Information Service website -

www.supportincornwall.org.uk



www.cornwall.gov.uk

Special Census Day Menu

Thursday 1st October

It is school census day on Oct 1st and we would encourage all our children in Reception, Year One and Two to have a school dinner on this day. Our funding for the infant free school meals is based on the numbers of meals taken on this day so every child having a school dinner makes a big difference.

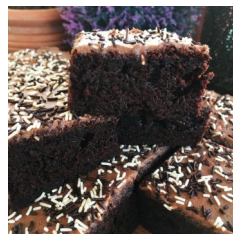
Jess is providing a special menu to encourage the children to have a School Lunch. It will be:

1) Burger

2) Macaroni Cheese

3) Jacket Potato

Pudding will be Chocolate Cake



Free School Meals

Do you think your child may be eligible to Free School meals due to low income or benefits entitlement?

If you think you may be eligible please follow the below link to check .

<https://www.cornwall.gov.uk/education-and-learning/schools-and-colleges/school-meals/application-for-free-school-meals-and-pupil-premium/>

This funding not only allocates a free meal but also enables the school to access vital additional funding to directly support your child's education.

If you need any help filling in the form our require a paper copy please contact the school office.

School Uniform Donations

Unfortunately we cannot currently accept donations of second hand school uniform. Thank you for all your previous donations. We will explore ways that this service may evolve over the coming months



Health Concerns

Please can we ask all parents to be vigilant and monitor their children's health as the term progresses.

As Autumn sets in we will inevitably see an increase in colds. Please remember your child must not be sent to school with a temperature or a persistent cough. If you are in any doubt please contact Ms Hardy in the school office for advice. Or seek medical guidance by calling 111.

This is especially important due to the risk of Covid –19 but of added significance as we have a family in our school community who are especially vulnerable to infection due to a health condition.



Please make your child's teacher aware of any egg products, including food items in lunch boxes, egg boxes and bird nests that have been brought into the school.

Thank you

Diary Dates 2020/ 2021

Autumn Term 3rd September 2020 - 18th December 2020

Half-term 26th October 2020 - 30th October 2020

Spring Term 5th January 2021 - 1st April 2021

Half-term 15h February 2021 - 19th February 2021

Summer Term 20th April 2021 - 20th July 2021

Bank Holiday Monday 3rd May

Half-term 31st May 2021 - 4th June 2021

Training day closures are: 4th January 2021, 19th April 2021 and 21st July, 22nd July, 23rd July 2021.

£33
Per day including all Spooktacular additional activities for everyone

SPOOKTACULAR
OCTOBER HALF TERM 2020
MONDAY 26TH - THURSDAY 29TH

This half term come and join us for an action packed week of sports, activity, art and fun. In celebration of **Halloween** we have a **Creepy Halloween** theme.

BUBBLES OF 15 MAX, GROUPED BY AGE
Covid compliant and adhering to all latest WHO and Government guidance

Weekly Themed Arts & Crafts; HALLOWEEN

BOOK NOW @
www.high5sportscamps.co.uk

SUPPORT IS STILL AVAILABLE FOR PATIENTS WITH MENTAL WELLBEING CONCERNS DURING COVID 19



ADVICE LINES

- The Cornwall and Isles of Scilly 24/7 NHS mental health response line (0800 038 5300)
- Call 116 123 to talk to Samaritans, or email: jo@samaritans.org for a reply within 24 hours
- Citizens Advice Cornwall (03444 111 444) for financial advice simply text "ADVICE" for general queries or for financial advice text "DEBT" to 78866

Many GP surgeries offer a social prescribing service. Link workers are available to help people access a range of activities and support their mental wellbeing.

For young people:

- Text "YM" to 85258 to contact the Shout Crisis Text Line
- Live chat with Your Way www.your-way.org.uk/coronavirus
- Online wellbeing community for young people www.kooth.com
- Search **Every Mind Matters** for expert tips and advice to support children and young people with their mental wellbeing.

ONLINE

- To stop mental health getting to crisis point, try five ways to wellbeing. Find out more www.cornwall.gov.uk/fiveways
- Online guides for carers, people with OCD/ anxiety, children, pregnant mums and many more visit www.cornwall.gov.uk/wellbeingguides or email phdesk@cornwall.gov.uk for a hard copy
- Downloadable or interactive safety plans to help avoid crisis and manage suicidal thoughts www.cornwall.gov.uk/mentalhealth

For young people:

- Make yourself a mental health action plan www.startnowcornwall.org.uk/actionplan or young persons five ways to wellbeing online at www.startnowcornwall.org.uk/fiveways



Cornwall and the Isles of Scilly Health and Care Partnership



Virtual Family Worker Drop In.

Family Worker drop in sessions in Caradon, are being reinstated, virtually.

They will run weekly for 2 hours each Tuesday morning, between 09:30 – 11:30, starting Tuesday 15th September.

Book a 30-minute slot via the Family Hub Team
Email: Caradon.FamilyHubs@cornwall.gov.uk



Together for Families

www.cornwall.gov.uk



Adult Education

Helping you to help your child

Family Learning

Family Learning is part of Cornwall Council Adult Education and as such, adult learning is our focus:

- We help parents and carers to engage in literacy, maths and ICT to support their children's learning and development. Most of our delivery is focused on the primary curriculum.
- Our team of experienced tutors deliver interesting and interactive courses while nurturing a safe, supportive and enjoyable learning environment.
- We provide learning opportunities which promote confidence, skills and understanding through practical and easily-resourced activities.
- These courses are mainly for adults only - parents/carers with children at school - although Scratch Coding is set up for parents to work with their children if appropriate. We will be flexible according to demand.

From autumn 2020 we are offering 6-week courses online in weekly 90-minute sessions.

To find out more about these courses and to start the enrolment process: Please email Vicki at vicki.salvidge@cornwall-adult.ac.uk Or call Vicki on 07968 992495



2020-2021 online courses:

Keeping Up with the Children (KUC) Literacy
Brush up your spelling, punctuation and grammar; make the most out of reading; learn about phonics; develop your persuasive language and writing skills - in line with the primary curriculum. Simple activities and resources to support language and literacy applying visual, auditory and kinaesthetic strategies.

Keeping Up with the Children (KUC) Maths
Topics include early counting and the number system; calculating with mental and written methods; the language of shape - in line with the primary curriculum. Easy, fun activities and games to support the development of numeracy skills using a range of learning styles.

Family Learning Computing
An introduction to online Office applications including word processing, email, presentations, storage, skype and internet safety. Free software used in your browser. Brush up your skills to support your child across the primary and secondary curriculum with our easy, accessible sessions.

Family Learning Scratch Coding
An introduction to coding taking you and your child from being complete beginners to making simple games using the Scratch programme - as used in schools. Step-by-step sessions to support you and your child with easy-to-follow handouts you can use in your own time.